

Indoor Swing into Spring

60 min Indoor Swing classes designed to get you ready for
Spring Golf

Ladies only and mixed classes

Learn: Golf stretches, Golf strengthening drills.

Rules, Etiquette

Full swing and short game swing drills designed to ingrain
A fundamental sound golf motion

Great for all levels, no golf experience needed

Four 60 Min. Classes \$80.00

Ladies only—6-7pm—starting March 25th thru April 15th
Mixed class—7-8pm—starting March 25th thru April 15th

Classes held at Commonwealth Rec Centre on tues nights

Sign up today and hold your spot

By email: dale@playbettergolf.ca or
ladygolfprojan@gmail.com

In Person: at Valley Golf Centre, 4237 Blenkinsop rd

